

# Nutrition and Dietetics (A.S.-T)

## DEGREE PROGRAM MAP

wcc.yccd.edu/nutr

- ✓ Earn a transfer degree that can lead to further study at a 4-year college or university



## Recommended Course Sequence

The program map below is a sequence of courses you can follow to efficiently complete your degree requirements. This map does not replace your Student Education Plan, so be sure to talk with a WCC counselor to pick the right courses for your academic goals.

### SEMESTER 1 — YOUR FIRST FALL SEMESTER

#### MAJOR REQUIREMENT 3.0 UNITS

**NUTR10** Principles of Nutrition  
or select from Area E (CSU)

#### TRANSFER REQUIREMENT 4.0 UNITS

**ENGL1A** College Composition and Reading  
or select from Area 1A (IGETC) or Area A2 (CSU)

#### TRANSFER REQUIREMENT 3.0 UNITS

Recommend 1 of the following  
**ETHN21** Chicana/o and Latina/o Health Care Issues  
**ECE3** Child Growth and Development  
or select from Area 5A (IGETC)

#### TRANSFER REQUIREMENT 3.0 UNITS

Recommend 1 of the following  
**COUNS10** College Success  
**COUNS25** Career Planning and Development  
or select from Area E (CSU)

#### TRANSFER REQUIREMENT 3.0 UNITS

Recommend 1 of the following  
**HIST17A** United States History  
**HIST17B** United States History II  
**ETHN15** Mexican-American History  
or select from Area 3C (IGETC) or Area C2 or US1 (CSU)

### SEMESTER 2

#### MAJOR REQUIREMENT 5.0 UNITS

**CHEM1A** General Chemistry I  
or select from Area B1 (CSU)

#### MAJOR ELECTIVE 4.0 UNITS

**STAT1** Introduction To Statistical Methods  
or select from Area 2A (IGETC) or Area B4 (CSU)

#### TRANSFER REQUIREMENT 3.0 UNITS

Recommend 1 of the following  
**ENGL1C** Critical Thinking/Advanced Composition  
**ENGL1B** Argumentative Writing and Critical Thinking through Literature  
or select from Area 1B (IGETC) or Area A3 (CSU)

#### TRANSFER REQUIREMENT 3.0 UNITS

Recommend 1 of the following  
**ETHN6** History of Race and Ethnicity in America  
**ETHN11** Introduction to Ethnic Studies  
or select from Area 3B (IGETC) or Area F (CSU)

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## SEMESTER 3

MAJOR REQUIREMENT 3.0 UNITS

**PSYCH1A** General Psychology

or select from Area D (CSU)

MAJOR ELECTIVE 5.0 UNITS

**CHEM1B** General Chemistry II

TRANSFER REQUIREMENT 3.0 UNITS

Recommend 1 of the following

**SPECH1** Public Speaking

**SPECH6** Small Group Communication

or select from Area 1C (IGETC) or Area A1 (CSU)

TRANSFER REQUIREMENT 4.0 UNITS

Recommend 1 of the following

**BIOL1** Principles of Biology

**BIOL15** Bioscience

or select from Area 5B or 5C (IGETC) or Area B2 or B3 (CSU)

## SEMESTER 4

MAJOR REQUIREMENT 4.0 UNITS

**BIOL6** Introductory Microbiology

TRANSFER REQUIREMENT 4.0 UNITS

**SPAN1** Elementary Spanish I

or select from Area 4 (IGETC) or Area C2 (CSU)

TRANSFER REQUIREMENT 3.0 UNITS

**POLSC1** Introduction To American Government

or select from Area 4 (IGETC) or Area D or US1 (CSU)

TRANSFER REQUIREMENT 3.0 UNITS

Recommend 1 of the following

**ART5** Art Appreciation

**MUSIC3** Music Appreciation

or select from Area 3A (IGETC) or Area C1 (CSU)

MAJOR ELECTIVE 3.0 UNITS

Recommend 1 of the following

**SOCIL1** Introduction To Sociology

**ANTHR2** Cultural Anthropology

or select from Area 4 (IGETC) or Area D (CSU)

This program belongs to the  
STEM, Health and Applied  
Technology Interest Area

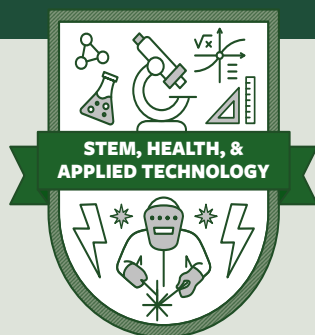
Interest Areas at WCC bring  
together support services and staff  
around groupings of related majors.

Explore majors and support services in this area:

» [wcc.yccd.edu/areas](http://wcc.yccd.edu/areas)

Meet with a counselor to create your education plan:

» [wcc.yccd.edu/counseling](http://wcc.yccd.edu/counseling)



**Prepare for careers**

Get help finding jobs and planning your career:

» [wcc.yccd.edu/career-center](http://wcc.yccd.edu/career-center)

**Continue your studies at a 4-year university**

Learn how to apply and stay on track to transfer:

» [wcc.yccd.edu/transfer-center](http://wcc.yccd.edu/transfer-center)