Who we are

Services are designed to help students identify their career interests and learn relevant skills to maximize success in the transition from school to postsecondary education, employment, independence and economic self-sufficiency.

Family participation is welcome.

No financial participation required.

How to Apply

Step 1: Request a Referral Packet from Office StaffStep 2: Fill out Referral Form and have parent signStep 3: Have a teacher or school staff member signStep 4: Call the Woodland office to set up intake appointment:

530-668-6824 1100 Main St. #340 Woodland, CA 95695



DOR Student Services

Your guide toward employment, independence and a successful life.



SUSAN E. SAMBORSKY M.ED. 1100 Main St. #340 Woodland, CA 95695 <u>susan.samborsky@dor.ca.gov</u> 530-402-0162 Who Can Participate in DOR Student Services?

Students can participate if they:

- Are 16 through 21 years old
- Are enrolled in a recognized education program (including home school and alternative high school programs)
- Have an IEP, a 504 Plan, or a disability

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Empower



Self-Advocacy

Take charge of your future. Understand your rights and build the confidence to live independently and be successful at work.

Build Knowledge & Confidence

- Understand your rights at work
- Learn about your responsibilities at work
- Learn about accommodations and supports and how to request them
- Practice communicating thoughts, needs, and concerns

Build Connections and Leadership Skills

- Participate in mentoring opportunities with educational staff or employees of businesses, boards, associations, or organizations
- Participate in leadership activities
- Conduct informational interviews

Succeed



Work Based Learning Experiences

Through internships, volunteer work, or other onthe-job training, gain the skills to prepare for your future career.

Real – World Job Experiences

- Work experiences
- Internships (paid or unpaid)
- On-the-job training
- Apprenticeships (informal)
- Volunteer Opportunities

Research & Connections

- Informational interviews to research employers and different kinds of jobs
- Work site tours to learn about industries, companies, and job skills
- Job shadowing
- Mentoring opportunities



Job Exploration Counseling

Explore opportunities and interests to discover a career that is right for you. Learn about jobs that interest you.

Explore Career Options

- Learn about jobs and job families in the labor market
- Understand what jobs and industries are popular right now (i.e., "in demand")
- Find out what jobs lead to better jobs
- Learn about career pathways in your local area

Find the Jobs that Fit You Best

- Explore career interests through interest inventories, conversations, and labor market research
- Discuss different kinds of work, including selfemployment, and nontraditional employment
- Understand what you need to do to get the career you want

Discover (



Postsecondary Counseling

Find out about the opportunities available through college or vocational school. Learn about resources that support your scholastic journey for education.

Postsecondary Education Options

- Learn about academic and occupational training
- Explore career options with different programs
- Discover programs connected to career pathways
- Learn which schools offer the programs and supports you want

Resources to Support Your Success

- Learn about the admissions process at college, technical, and trade schools
- Discover resources and disability support services to help you succeed in school
- Identify options to pay for school
- Get support in completing the financial aid applications



Workplace Readiness Training

Prepare for successful employment and independence. Equip yourself with professional work habits including strong communication, time management, and social skills.

Good Work habits & People Skills

- Practice interviewing
- Understand employer expectations
- Strengthen communication and other soft skills needed for work
- Develop social skills for work

Financial & Independent Living Skills

- Learn to search and apply for jobs
- Learn ways to get to work
- Develop money management skills
- Learn what happens to SSI/SSDI benefits when you go to work
- Find out how to live independently