

You Are Not Alone

- **WCC Counseling:** Personal, academic, crisis counseling and referral, and more. (530) 661-5703, Rm 746 /Bldg 700.
- **CommuniCare Counseling & Health Services:** Mental health and personal counseling, crisis counseling, and referrals. (530) 661-7758, Room 770/Bldg 700. <http://wcc.yccd.edu/student/health-center.aspx>
- **WCC Staff, Faculty and Administration LGBTQ Allies:** Look for Safe Zone signage indicating Queer-Friendly personnel as well as campus-wide safe zones.
- **WCC Student Alliance Group:** LGBTQ student-driven organization activities vary by semester. Contact ASWCC at (530) 661-5785 / aswcc.reps@gmail.com /Room 719/Bldg 700 for more information on events.

See the back panel of this pamphlet for information on additional ways to create community and to connect with others on campus.

- **PFLAG: Parents, Families, Friends, and Allies United with LGBTQ People to Move Equality Forward.** Sacramento Chapter: (916) 978-0410/
contact@pflagsacramento.org.

- **Create Community at WCC:** Interested in helping to create queer-friendly community at WCC? Check out these links for information on how to start a student organization:

- > wcc-aswcc.yccd.edu (Click on Clubs & Committees, then Starting a Club)
- > <http://www.gsanetwork.org/>

Contact Cay Strode at cstrode@yccd.edu for information on faculty advisors for LGBTQIA groups.



WOODLAND COMMUNITY COLLEGE

2300 East Gibson Road
Woodland, CA 95776

www.wcc.yccd.edu

Woodland Community College Diversity Committee

Resource Guide for Lesbian, Gay, Bisexual, Transgender, Queer/ Questioning, Intersex, Asexual (LGBTQIA) Students

This guide has resources for students who identify as LGBTQIA and their campus allies. Find community and support networks as well as resources for issues like discrimination, identity, mental health and wellness needs, homelessness, and suicide prevention.

It includes local and community resources, and contact information for local LGBTQIA resources and pride centers.



WCC Lesbian Gay Bisexual Transgender Queer Intersex Asexual Student Resource Guide

Sacramento Gender Health Center

- Counseling Services
 - Name & Gender Change Help
 - Hormone Clinic
 - Legal Health Clinic
 - Groups & Workshops
- (916) 455-2391;
www.thegenderhealthcenter.org
Open 10am-5pm (counseling 9am-9pm)
2020 29th Street, Suite 201, Sacramento, CA

Cares Community Health, Sacramento

- Free & Confidential walk-in and appointments for HIV & STD Testing
- (916)443-3299, <http://www.carescommunityhealth.org/>,
1500 21st Street, Sacramento, CA 95811

COLAGE Sacramento.

- National youth-driven network of people with lesbian, gay, bisexual, transgender, or queer parents.
- Connecting with peers who share experiences, COLAGE helps members become strong advocates for selves & our families

EMAIL: sacramento@colage.org

Counseling Services

Students who identify as LGBTQIA report higher levels of depression, substance abuse, and mental health issues than their heterosexual peers, all of which are closely linked with suicide (Johnson, Oxendine, Taub & Robertson, 2013).

- 24 Hour Toll Free Crisis Line: (888) 965-6647
- UC Davis LGBTQIA Community Counselor:
jzimbardo@ucdavis.edu

Suicide Prevention & Crisis Services of Yolo County

- 24-Hour Prevention lines
Davis: (530) 756-5000
Woodland: (530) 666-7778

Scholarship & Financial Support

- Point Foundation, <http://www.pointfoundation.org/Mission>
- <http://www.finaid.org/otheraid/lgbt.phtml>
- CalFRESH (food stamps). 1-866-226-5414

Yolo County Homeless Assistance*

- Department of Employment & Social Services
530-661-2750, 25 N. Cottonwood Street, Woodland, CA 95695

*According to the Nat'l Coalition for Homelessness, 42% of homeless youth identify as LGBTQIA.

LGBTQIA Campus Pride Groups & Centers:

- **UC Davis LGBTQIA Resource Center**
<http://lgbtqia.ucdavis.edu/>
530.752.2452 eacote@ucdavis.edu
Student Community Center, Suite 1400
397 Hutchison Drive, Davis, CA 95616
- **Sacramento State University Pride Center**
(916) 278-8720 pride@csus.edu
University Union First Floor, CSUS
6000 J Street
Sacramento, CA 95819

• **Sacramento City College LGBTQIA Resources**

Queer Straight Alliance (qsa.scc@gmail.com)

LGBTQIA Subcommittee:

Gayle Pitman, 707- 558-2154

LGBTQIA Queer--friendly counselors, Safe Space, LGBTQIA Fund, LGBTQIA Courses

<http://www.scc.losrios.edu/lgbtqia/us/>

3835 Freeport Blvd, Sacramento, CA 95822

*****Please note:** You can utilize these pride groups & centers even if you are a Woodland Community College Student. There is a thriving LGBTQ community right here in Yolo and Sacramento Counties.